

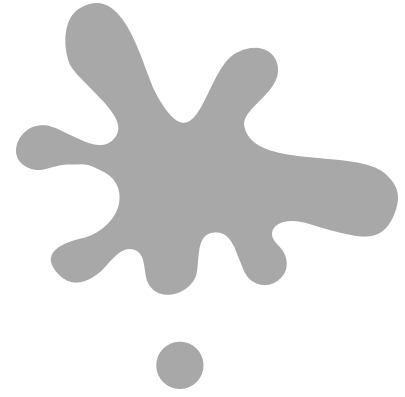
Quick Start Checklist

5 Tips for Decreasing Stress and Boosting Productivity

Color

Choose soft, neutral shades of blue, green, tan or gray for the wall color.

TIP 01



TIP 02



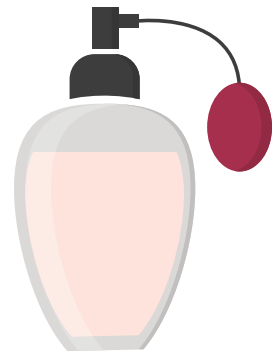
Lighting

Install a dimmer switch on the overhead lighting.

Scents

Eliminate scents that may be irritating or cause allergic reactions.

TIP 03



TIP 04



Art

Hang pictures depicting scenes from nature..

Sounds

Add a sound machine that produces soothing tones.

TIP 05



Schedule a 20-minute Decorating Breakthrough Session
roomscape.com